

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

Mustang Creek Estates Assisted Living Calendar

<p>5 10:00am: Spiritual (Streaming) 11:00am: Hot Cocoa Social 1:00pm: Craft 3:00pm: <i>The Crown</i> S1E1</p>	<p>6 9:00am: Coffee Social C 10:00am: Silver Sneakers F 11:00am: Reminiscing E 1:00pm: Canvas Painting D 3:00pm: Table Tennis C 4:00pm: Room Visits F</p>	<p>7 9:00am: Morning News F 10:00am: Chair Yoga E 11:00am: Bible Study D 1:00pm: Art Time C 3:00pm: Bingo F 4:00pm: Facials E</p>	<p>8 9:00am: Coffee Social E 10:00am: Dollar Tree 11:00am: Hymn Sing C 1:00pm: Crafts F 3:00pm: Poker E 4:00pm: Hot Tea Social D</p> <p>New Year's Day</p>	<p>9 9:00am: Morning News D 10:00am: Chair Yoga C 11:00am: Journaling F 1:00pm: Pretty Nails E 3:00pm: Bingo D 4:00pm: Hot Cocoa Social C</p>	<p>10 9:00am: Coffee Social C 10:00am: Silver Sneakers F 11:00am: Sing Along E 1:00pm: Armchair Travel D 3:00pm: Happy Hour C 6:00pm: <i>The Wizard of Oz</i></p>	<p>11 10:00am: Dominoes 11:00am: Lemonade Social 1:00pm: Chair Yoga 3:00pm: Independent Art</p>
<p>12 10:00am: Spiritual (Streaming) 11:00am: Hot Cocoa Social 1:00pm: Craft 3:00pm: <i>The Crown</i> S1E2</p>	<p>13 9:00am: Coffee Social F 10:00am: Silver Sneakers E 11:00am: Hand Massages D 1:00pm: Sand Art C 3:00pm: Table Tennis F 4:00pm: Room Visits E</p>	<p>14 9:00am: Morning News E 10:00am: Chair Yoga D 11:00am: Bible Study C 1:00pm: Art Time F 3:00pm: Bingo E 4:00pm: Facials D</p>	<p>15 9:00am: Coffee Social D 10:00am: Silver Sneakers C 11:00am: Woodbridge Café Outing 1:00pm: Crafts E 3:00pm: Poker D 4:00pm: Hot Tea Social C</p>	<p>16 9:00am: Morning News C 10:00am: Chair Yoga F 11:00am: Journaling E 1:00pm: Pretty Nails D 3:00pm: Bingo C 4:00pm: Hot Cocoa Social F</p>	<p>17 9:00am: Coffee Social F 10:00am: Silver Sneakers E 11:00am: Sing Along D 1:00pm: Armchair Travel C 3:00pm: Happy Hour F 6:00pm: <i>The Intern</i></p>	<p>18 10:00am: Dominoes 11:00am: Lemonade Social 1:00pm: Chair Yoga 3:00pm: Independent Art</p>
<p>19 10:00am: Spiritual (Streaming) 11:00am: Hot Cocoa Social 1:00pm: Craft 3:00pm: <i>The Crown</i> S1E3</p> <p>Activity Professionals Week</p>	<p>20 9:00am: Coffee Social E 10:00am: Silver Sneakers D 11:00am: MLK Trivia C 1:00pm: Painting F 3:00pm: Table Tennis E 4:00pm: Room Visits D</p> <p>Martin Luther King Jr. Day</p>	<p>21 9:00am: Morning News D 10:00am: Chair Yoga C 11:00am: Bible Study F 1:00pm: Art Time E 3:00pm: Bingo D 4:00pm: Facials C</p>	<p>22 9:00am: Coffee Social C 10:00am: Walmart 11:00am: Hymn Sing E 1:00pm: Crafts D 3:00pm: Poker C 4:00pm: Hot Tea Social F</p>	<p>23 9:00am: Morning News F 10:00am: Chair Yoga E 11:00am: Journaling D 1:00pm: Pretty Nails C 3:00pm: Bingo F 4:00pm: Hot Cocoa Social E</p>	<p>24 9:00am: Coffee Social E 10:00am: Silver Sneakers D 11:00am: Sing Along C 1:00pm: Armchair Travel F 3:00pm: Happy Hour E 6:00pm: <i>You've Got Mail</i></p>	<p>25 10:00am: Connect 4 11:00am: Lemonade Social 1:00pm: Chair Yoga 3:00pm: Independent Art</p>
<p>26 10:00am: Spiritual (Streaming) 11:00am: Hot Cocoa Social 1:00pm: Craft 3:00pm: <i>The Crown</i> S1E4</p> <p>Australia Day (Observed)</p>	<p>27 9:00am: Coffee Social D 10:00am: Silver Sneakers C 11:00am: Word Mining F 1:00pm: Uno E 3:00pm: Table Tennis D 4:00pm: Room Visits C</p>	<p>28 9:00am: Morning News C 10:00am: Chair Yoga F 11:00am: Bible Study E 1:00pm: Art Time D 3:00pm: Resident Council C 4:00pm: Facials F</p>	<p>29 9:00am: Coffee Social F 10:00am: Silver Sneakers E 11:00am: Pei Wei Outing 1:00pm: Red Envelopes C 3:00pm: Chinese New Years Party F 4:00pm: Hot Tea Social E</p> <p>Chinese New Year (Year of the Snake)</p>	<p>30 9:00am: Morning News E 10:00am: Chair Yoga D 11:00am: Journaling C 1:00pm: Birthday Party F 3:00pm: Bingo E 4:00pm: Hot Cocoa Social D</p>	<p>31 9:00am: Coffee Social D 10:00am: Silver Sneakers C 11:00am: Sing Along F 1:00pm: Armchair Travel E 3:00pm: Happy Hour D 6:00pm: <i>Julie and Julia</i></p>	<p>Spiritual – Green Music – Blue Outings – Purple Monthly Events – Red Special Events – Bold</p> 