

snippets

The 16th Annual Plant Sale



Don't miss The 2019 CCMGA Spring Plant Sale, presented by The Collin County Master Gardeners Association on Saturday, April 20, 9 a.m.-3 p.m., or until sold out. This is the largest plant sale in Collin County and will be held in the Show Barn at beautiful Myers Park and Event Center, 7117 County Road 166, in McKinney.

Attendees can find hundreds of varieties of beautiful plants recommended by Texas A&M AgriLife Extension that include annuals, perennials, shrubs, vines, vegetables, herbs, grasses and succulents. Come early for best selection! Bags of native hardwood mulch and compost from Texas Pure Products will also be available for purchase. Collin County Master Gardeners will be on hand to answer questions and offer advice. There will also be an opportunity for attendees to tour the award-winning Earth-Kind® research and demonstration gardens.

There is no sales tax and purchases can be made by cash, check or credit card (Visa, MasterCard, AMEX, and Discover only). Bringing your own cart or wagon is encouraged. The sale will be held indoors, rain or shine. Parking is free! To learn more visit, www.ccmgatx.org. ❖

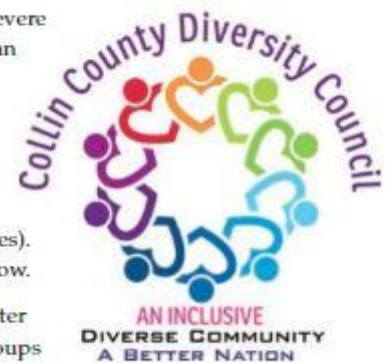
The Diversity of Mental Health

On Saturday, April 27, at 2 p.m., the Collin County Diversity Council, in partnership with the Friends of the Allen Public Library, will present a forum on mental health in the Allen library's Civic Auditorium.

There will be a panel of speakers on a variety of mental health concerns, including Dr. Laura Bradley, OB/GYN, speaking on mental health issues during and following pregnancy; Elise Thompson, Family and Child Psychologist; and Ruth Josenhans, director of PLAN Clubhouse (People Living Active Now—a place where people with mental illnesses such as a schizophrenia, bipolar disorder, or severe depression, can

come to learn how to deal with their illnesses and succeed in their daily lives). Q&A will follow.

Before and after the panel, groups supporting various special needs will be in auditorium lobby to answer questions and share information. For more information, call 469.854.9744 or email collincountycdc@gmail.com ❖



Mini Horses at Mustang Creek Estates

Pet therapy is very popular among seniors, and there are a lot of therapy animals to choose from, including dogs, cats and now even horses. Senior residents of Mustang Creek Estates of Allen experienced pet therapy with mini horses from Mini Hooves of Love. The seniors met Hope and Hero, both about 23 inches tall and very friendly.

Hope and Hero both have wonderful personalities and are very accustomed to the indoors. Many residents from Mustang Creek Estates had pets throughout their lives or grew up on farms, and activities like these trigger several pleasant memories. ❖