

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# June 2024

## Mustang Creek Estates Memory Care Activities Calendar

**1**  
 10:00am: Silver Sneakers A  
 11:00am: Card Game B  
 1:00pm: Art Time A  
 2:00pm: Ice Cream Social B  
 3:00pm: Room Visits A  
 4:00pm: Hand Massage A

**2**  
 10:00am: Church Service  
 11:00am: Lemonade Social  
 1:00pm: Independent Art  
 3:00pm: Movie Matinee

**3**  
 9:30 Music w/Lucia-D  
 10:00am: Choices in a jar  
 11:00am: Sing a Long A  
 1:00pm: Bounce Ball B  
 3:00pm: Hand Massage B

**4**  
 10:00am: Chair Yoga A  
 11:00am: Porch Talk B  
 1:00pm: Bible Study E  
 2:00pm: Work Stations A  
 3:00pm: Room Visits A  
 4:00pm: Aromatherapy B

**5**  
 10:00am: Silver Sneakers A  
 11:00am: Categories A  
 1:00pm: Bird Feeders B  
 2:00pm: Sing A long B  
 3:00pm: Room Visits A  
 4:00pm: Hand Massage B

**6**  
 10:00am: Chair Yoga B  
 11:00am: Name that tune B  
 1:00pm: Crafts A  
 2:00pm: Music W/ Andy-E  
 3:00pm: Room Visits A  
 4:00pm: Aromatherapy B

**7**  
 10:00am: Tai Chi A  
 11:00am: Porch Talk A  
 1:00pm: Art Time A  
 3:00pm: Happy Hour B  
 4:00pm: Room Visits B  
 6:00pm: Singing in the Rain

**8**  
 10:00am: Silver Sneakers A  
 11:00am: Game Show A  
 1:00pm: Decorate Cookie  
 2:00pm: Popsicle Social B  
 3:00pm: Room Visits A  
 4:00pm: Hand Massage A

**9**  
 10:00am: Church Service  
 11:00am: Lemonade Social  
 1:00pm: Independent Art  
 3:00pm: Movie Matinee

**10**  
 10:00am: Trivia  
 11:00am: Sing a long B  
 1:00pm: Silver Sneakers B  
 3:00pm: Hand Massage A

**11**  
 10:00am: Tai Chi B  
 11:00am: Categories A  
 1:00pm: Bible Study E  
 2:00pm: Ice-cream Social B  
 3:00pm: Room Visits B  
 4:00pm: Aromatherapy A  
 Shavuot Begins

**12**  
 10:00am: Silver Sneakers A  
 11:00am: Puzzles B  
 1:00pm: Art Time A  
 2:00pm: Karaoke A  
 3:00pm: Room Visits B  
 4:00pm: Hand Massage A

**13**  
 10:00am: Chair Yoga B  
 11:00am: Hang Man B  
 1:00pm: Music W/ Kerry-F  
 2:00pm: Sing a long A  
 3:00pm: Room Visits A  
 4:00pm: Aromatherapy B

**14**  
 10:00am: Tai Chi A  
 11:00am: Scenic Drive  
 1:00pm: Baking Class B  
 3:00pm: Happy Hour B  
 4:00pm: Room Visits A  
 6:00pm: Back to the Future  
 Flag Day (US)

**15**  
 10:00am: Silver Sneakers A  
 11:00am: Domino's A  
 1:00pm: Art Time B  
 2:00pm: Fudgesicle Social B  
 3:00pm: Room Visits A  
 4:00pm: Hand Massage A

**16**  
 10:00am: Church Service  
 11:00am: Lemonade Social  
 1:00pm: Independent Art  
 3:00pm: Movie Matinee  
 Father's Day

**17**  
 10:00am: Choices in a jar  
 11:00am: Sing a long A  
 1:00pm: Silver Sneakers A  
 3:00pm: Hand Massage B

**18**  
 10:30am: Music W/ Daisy-F  
 11:00am: Categories B  
 1:00pm: Bible Study E  
 2:00pm: Work stations A  
 3:00pm: Room Visits A  
 4:00pm: Aromatherapy B

**19**  
 10:00am: Silver Sneakers-B  
 11:00am: Choices in a jar A  
 1:00pm: Art Time B  
 2:00pm: Sing a long B  
 3:00pm: Room Visits A  
 4:00pm: Hand Massage A  
 Juneteenth

**20**  
 10:00am: Chair Yoga B  
 11:00am: Hymn Singing B  
 1:00pm: Trivia A  
 2:00pm: Karaoke A  
 3:00pm: Room Visits A  
 4:00pm: Aromatherapy B  
 Summer Begins

**21**  
 10:00am: Tai Chi A  
 11:00am: Choices in a jar A  
 1:00pm: Bingo B  
 3:00pm: Happy Hour B  
 4:00pm: Room Visits B  
 6:00pm: Splash

**22**  
 10:00am: Silver Sneakers A  
 11:00am: Game Show B  
 1:00pm: Art Time B  
 2:00pm: Ice-cream Social A  
 3:00pm: Room Visits A  
 4:00pm: Hand Massage A

**23**  
 10:00am: Church Service  
 11:00am: Lemonade Social  
 1:00pm: Independent Art  
 3:00pm: Movie Matinee

**24**  
 10:00am: Trivia  
 11:00am: Sing a long A  
 1:00pm: Silver Sneakers B  
 3:00pm: Hand Massage A

**25**  
 10:00am: Tai Chi B  
 11:00am: Choices in a jar B  
 1:00pm: Bible Study E  
 2:00pm Ice Cream Social A  
 3:00pm: Room Visits B  
 4:00pm: Aromatherapy A

**26**  
 10:00am: Silver Sneakers A  
 11:00am: Domino's  
 1:00pm: Categories B  
 2:00pm: Karaoke A  
 3:00pm: Music W/ Ruby-C  
 4:00pm: Hand Massage B

**27**  
 10:00am: Chair yoga B  
 11:00am: Trivia B  
 1:00pm: Art time-A  
 2:00pm: Work Stations A  
 3:00pm: Birthday Party B  
 4:00pm: Aromatherapy B

**28**  
 10:00am: Tai Chi A  
 11:00am: Categories A  
 1:00pm: Paint time A  
 3:00pm: Happy Hour B  
 4:00pm: Room Visits B  
 6:00pm: Overboard

**29**  
 10:00am: Silver Sneakers A  
 11:00am: Choices in a jar B  
 1:00pm: Fold Towels B  
 2:00pm: Root beer Floats B  
 3:00pm: Room Visits A  
 4:00pm: Hand Massage A

**30**  
 10:00am: Church Service  
 11:00am: Lemonade Social  
 1:00pm: Independent Art  
 3:00pm: Movie Matinee

**Spiritual – Green**  
**Music – Blue**  
**Outings – Purple**  
**Monthly Events – Red**  
**Special Events – Bold**

