


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2025</h1> <h2>Mustang Creek Estates Memory Care</h2>			<p>10:00am: Chair Yoga A 11:00am: Balloon ball B 1:00pm: Pictionary A 2:00pm: Armchair Travel B 3:00pm: Sensory Stations A 4:00pm: Hand Massages B</p> <p>New Year's Day</p>	<p>10:00am: Silver Sneakers B 11:00am: Brain Games A 1:00pm: Creative Art B 2:00pm: Reminiscing A 3:00pm: Bible Study B 4:00pm: Sing Along A</p>	<p>10:00am: Chair Yoga A 11:00am: Matching Game B 1:00pm: Crafts A 3:00pm: Happy Hour B 4:00pm: Pretty Nails A 6:00pm: Fried Green Tomatoes</p>	<p>10:00am: Silver Sneakers B 11:00am: Table Tennis A 1:00pm: Creative Art B 2:00pm: Karaoke A 3:00pm: Lifestyle Stations B 4:00pm: Hand Massages A</p>
<p>5 10:00am: Spiritual 11:00am: Lemonade Social 1:00pm: Creative Art 3:00pm: I Love Lucy</p>	<p>6 10:00am: Chair Yoga 11:00am: Watercolor Painting 1:00pm: Balloon Ball 3:00pm: Hot Tea Social</p>	<p>7 10:00am: Silver Sneakers A 11:00am: Scenic Bus Ride 1:00pm: Painting A 2:00pm: Lifestyle Stations B 3:00pm: Room Visits A 4:00pm: Hymn Sing B</p>	<p>8 10:00am: Chair Yoga B 11:00am: Balloon ball A 1:00pm: Pictionary B 2:00pm: Armchair Travel A 3:00pm: Sensory Stations B 4:00pm: Hand Massages A</p>	<p>9 10:00am: Silver Sneakers A 11:00am: Brain Games B 1:00pm: Creative Art A 2:00pm: Reminiscing B 3:00pm: Bible Study A 4:00pm: Sing Along B</p>	<p>10 10:00am: Chair Yoga B 11:00am: Matching Game A 1:00pm: Crafts B 3:00pm: Happy Hour A 4:00pm: Pretty Nails B 6:00pm: Singin' In The Rain</p>	<p>11 10:00am: Silver Sneakers A 11:00am: Table Tennis B 1:00pm: Creative Art A 2:00pm: Karaoke B 3:00pm: Lifestyle Stations A 4:00pm: Hand Massages B</p>
<p>12 10:00am: Spiritual 11:00am: Lemonade Social 1:00pm: Creative Art 3:00pm: I Love Lucy</p>	<p>13 10:00am: Chair Yoga 11:00am: Watercolor Painting 1:00pm: Balloon Ball 3:00pm: Hot Tea Social</p>	<p>14 10:00am: Silver Sneakers B 11:00am: Table Tennis A 1:00pm: Painting B 2:00pm: Lifestyle Stations A 3:00pm: Room Visits B 4:00pm: Hymn Sing A</p>	<p>15 10:00am: Chair Yoga A 11:00am: Balloon ball B 1:00pm: Pictionary A 2:00pm: Armchair Travel B 3:00pm: Sensory Stations A 4:00pm: Hand Massages B</p>	<p>16 10:00am: Silver Sneakers B 11:00am: Brain Games A 1:00pm: Creative Art B 2:00pm: Reminiscing A 3:00pm: Bible Study B 4:00pm: Sing Along A</p>	<p>17 10:00am: Chair Yoga A 11:00am: Matching Game B 1:00pm: Crafts A 3:00pm: Happy Hour B 4:00pm: Pretty Nails A 6:00pm: Mama Mia</p>	<p>18 10:00am: Silver Sneakers B 11:00am: Table Tennis A 1:00pm: Creative Art B 2:00pm: Karaoke A 3:00pm: Lifestyle Stations B 4:00pm: Hand Massages A</p>
<p>19 10:00am: Spiritual 11:00am: Lemonade Social 1:00pm: Creative Art 3:00pm: I Love Lucy</p> <p>Activity Professionals Week</p>	<p>20 10:00am: Chair Yoga 11:00am: Watercolor Painting 1:00pm: Balloon Ball 3:00pm: Hot Tea Social</p> <p>Martin Luther King Jr. Day</p>	<p>21 10:00am: Silver Sneakers A 11:00am: Scenic Bus Ride 1:00pm: Painting A 2:00pm: Lifestyle Stations B 3:00pm: Room Visits A 4:00pm: Hymn Sing B</p>	<p>22 10:00am: Chair Yoga B 11:00am: Balloon ball A 1:00pm: Pictionary B 2:00pm: Armchair Travel A 3:00pm: Sensory Stations B 4:00pm: Hand Massages A</p>	<p>23 10:00am: Silver Sneakers A 11:00am: Brain Games B 1:00pm: Creative Art A 2:00pm: Reminiscing B 3:00pm: Bible Study A 4:00pm: Sing Along B</p>	<p>24 10:00am: Chair Yoga B 11:00am: Matching Game A 1:00pm: Crafts B 3:00pm: Happy Hour A 4:00pm: Pretty Nails B 6:00pm: Julie and Julia</p>	<p>25 10:00am: Silver Sneakers A 11:00am: Table Tennis B 1:00pm: Creative Art A 2:00pm: Karaoke B 3:00pm: Lifestyle Stations A 4:00pm: Hand Massages B</p>
<p>26 10:00am: Spiritual 11:00am: Lemonade Social 1:00pm: Creative Art 3:00pm: I Love Lucy</p> <p>Australia Day (Observed)</p>	<p>27 10:00am: Chair Yoga 11:00am: Watercolor Painting 1:00pm: Balloon Ball 3:00pm: Hot Tea Social</p>	<p>28 10:00am: Silver Sneakers B 11:00am: Table Tennis A 1:00pm: Painting B 2:00pm: Lifestyle Stations A 3:00pm: Room Visits B 4:00pm: Hymn Sing A</p>	<p>29 10:00am: Chair Yoga A 11:00am: Balloon ball B 1:00pm: Red Envelopes A 2:00pm: Armchair Travel B 3:00pm: Chinese New Years Party F 4:00pm: Hot Tea Social B</p> <p>Chinese New Year (Year of the Snake)</p>	<p>30 10:00am: Silver Sneakers B 11:00am: Brain Games A 1:00pm: Birthday Party F 2:00pm: Reminiscing A 3:00pm: Bible Study B 4:00pm: Sing Along A</p>	<p>31 10:00am: Chair Yoga A 11:00am: Matching Game B 1:00pm: Crafts A 3:00pm: Happy Hour B 4:00pm: Pretty Nails A 6:00pm: Mrs. Doubtfire</p>	<p>Spiritual – Green Music – Blue Outings – Purple Monthly Events – Red Special Events – Bold</p> 